

# MILPERSMAN 1731 - 010

## Observance of the Sabbath

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### Policy

The Sabbath shall be observed on Sunday, except by members of the naval service whose religious convictions require them to observe some day other than Sunday as their day of worship. Those whose day of worship is other than Sunday are entitled to respect for their religious convictions and practices.

Where excused from duty on a day other than Sunday, the workweek of such individuals should not be less than that of any other individual and may include work on Sunday.

Except by reason of compelling military necessity, personnel who celebrate the Sabbath on a day other than Sunday will be afforded the opportunity to observe the requirements of their religious principles.

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